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## **Post-Op Instructions for Vasectomy Reversal**

- Stay home for one week
- No lifting over 10 pounds for six weeks
- No sexual intercourse 6 weeks
- No physical exertion/exercise for two months
- Wear a scrotal support for 2 weeks
- No aspirin for one week after the procedure
- Use pain medication/post-op medications as prescribed
- Call to schedule a post-op visit in one month
- Do a semen analysis 3 month after surgery, please call the office for orders