

Ureteral Stents

TREATING A URINARY BLOCKAGE

A ureteral stent is a flexible tube with holes in it that is temporarily inserted into the ureter to help urine drain into the bladder. The stent is typically removed 1-2 weeks after your procedure. If a stent is needed for a long period of time, it will need to be changed every 3 months.

When is a Stent Used:

- During the removal of a kidney stone
- To bypass blockage in the kidney or ureter
- Allow the ureter to heal after surgery

While You Have a Stent:

- Drink plenty of fluids to help flush out the urinary tract
- Some discomfort is normal while you have the stent.
- Pressure and pain before or during urination, urinary frequency, and mild back discomfort at times
- You may be given medication to control pain, bladder spasms, or prevent infection. Take this medication as directed.

CALL YOUR DOCTOR IF YOU EXPERIENCE

THE FOLLOWING:

- Urine contains blood clots
- You have a fever over 100 degrees F, chills, nausea, or vomiting
- Your pain is not relieved with medication
- The end of the stent comes out of the urethra
- If unable to urinate or stop making urine

