

Shock Wave Lithotripsy

TREATMENT FOR KIDNEY STONES

Shock wave lithotripsy is a treatment that uses sound waves to break up kidney stones into smaller pieces making them easier to pass through the urinary tract. A stent is placed in the ureter to allow urine to pass from the kidney to the bladder. The stent will be removed in the office 1-2 weeks after the procedure.

Following the procedure:

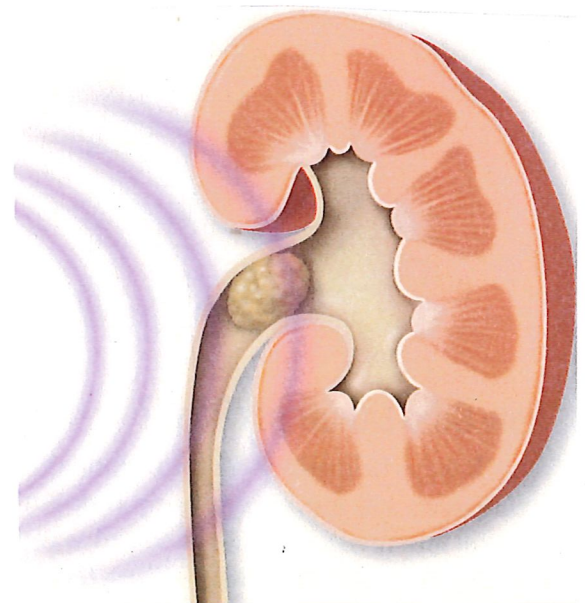
- You will have a follow up visit in the office in 1-2 weeks. Please make this appointment as soon as possible after your procedure.
- A KUB X-ray and possibly a CT scan of the kidneys will be completed to confirm that all the pieces are broken up properly or have passed out of the kidney. If large pieces remain, the stent may not be removed and additional treatment may be needed to break up the remaining stone fragments.
- The stent will be removed in the office if the stone fragments were broken into small enough pieces.
- You may pass several fragments over the next few days or weeks. During this time, you may be asked to strain your urine to collect some of the stone fragments and bring them to the office so we can send them to the lab for analysis.

CALL YOUR DOCTOR IF YOU EXPERIENCE THE FOLLOWING:

- Fever 101 degrees F.
- Heavy bleeding
- Pain that doesn't go away with medication
- Upset stomach or vomiting, weakness, pale or sweaty skin.
- Problems urinating
- If you have trouble urinating or stop making urine

Preventing Future Stones:

- Drink plenty of water
- Make any diet changes that your healthcare provider recommends
- Take any prescribed medications
- See your healthcare provider for your routine follow ups



Energy waves strike the stone, which begins to crack.

The stone crumbles into tiny pieces.

