

## Post-op Instructions for Dr. Nayak's Surgery

### Varicocelelectomy

- NO lifting for 2 weeks.
- Post-op appointment 7 to 14 days after surgery for dressing removal.  
Appointment \_\_\_\_\_ at \_\_\_\_\_.
- Post-op recheck 6 weeks after surgery. Appointment on  
\_\_\_\_\_ at \_\_\_\_\_.
- Take all prescribed medications until gone.
- Use pain medications only if needed.
- NO sexual intercourse for 4 weeks after procedure.
- Hold Aspirin products as directed.