

Post-op Instructions for Dr. Nayak's TUR-P

- Catheter will be removed 2 to 7 days post-op, if the urine is clear.
- Catheter will be re-inserted if patient is unable to void.
- Push fluids.
- Take all prescribed medications until gone.
- Use pain medications only if needed.
- NO lifting over 20 lbs for 4 weeks.
- NO driving for one week.
- No golf, riding tractor, lawn mower, etc. for 4 weeks.
- NO sexual intercourse for 4 weeks or until there is no bleeding, whichever occurs later.
- Post-op return appointment in 6 months after surgery. Appointment on _____ at _____.