

Post-op Instructions for Dr. Nayak's Surgery

TUR-Bladder Tumor

- Catheter will be removed 1 to 2 days after surgery, if the urine is clear.
- Catheter will not be removed if urine is bloody.
- Push Fluids.
- Take all prescribed medications until gone.
- Use pain medications only if needed.
- NO lifting over 20 lbs. for 2 weeks.
- NO golf, riding mower etc. for 3 weeks.
- Post-op appointment 3 to 4 weeks after surgery. Appointment scheduled for _____ at _____.
- Will have a cystoscopy every 3 months for 1 year.
- Will have a cystoscopy every 6 months for the next 2 years.
- Will have a cystoscopy once a year for the patients lifetime.
- NO driving for 7 days after procedure.