

POST-OP INSTRUCTIONS FOR DR. NAYAK'S SURGERY

SPERMATOCELECTOMY OR HYDROCELECTOMY

- NO lifting for 2 weeks after the surgery
- NO sexual intercourse for 4 weeks after the surgery
- Follow up appointment 1 week after surgery. Appt on _____ at _____.
- Recheck appointment 6 weeks after surgery. Appt on _____ at _____.
- Call anytime before return appointments if you have any questions.
- Take all prescribed medications until gone.
- Use pain medications only if needed.