

# POST-OP INSTRUCTIONS FOR DR. NAYAK'S SURGERY

## RADICAL PROSTATECTOMY

- Cystogram at St. Anthony's hospital 10 to 14 days after surgery. Appointment is at \_\_\_\_\_
- 

Bring x-ray films to the office for your appointment here at \_\_\_\_\_.

- Push fluids.
  - Take all prescribed medications until gone.
  - Use pain medications only as needed.
  - NO lifting over 20 pounds for 4 weeks.
  - NO riding tractor, pushing mower, golf, etc. for 6 weeks.
  - Post-op appointment and PSA 6 to 12 weeks after cystogram.
-