

## **Dr. Nayak's post-prostate biopsy instructions**

- No physical exertion for the next 24 hours**
- No sexual intercourse for 3 days**
- No aspirin/blood thinners for one week after biopsy**
- May have blood in urine, bowel movements, and semen up to one month after biopsy**
- Finish all prescribed medications**
- Please call the office if you develop any fever, chills**
- Results will be back in 7-10 days and someone will call you at home with those**