

## POST-OP INSTRUCTIONS FOR DR. NAYAK'S SURGERY

### NEPHRECTOMY

- Push fluids
- Take all prescribed medications until gone
- Use pain medications only as needed
- **NO** lifting over 20 pounds for 8 weeks
- **NO** riding tractor, pushing mower, golf, etc. for 8 weeks.
- Post-Op appointment in 2 weeks for possible D/C staples and for explanation of pathology report.  
Appointment is \_\_\_\_\_ at  
\_\_\_\_\_.
- Patient will have a Chest X-ray, CT Scan of the Abdomen and other tests as necessary after 6 months post-op. Then every 6 months until the Doctor decides to increase the intervals for check up.