

Lynx Sling

RETRO PUBIC MID-URETHRAL SLING SYSTEM

A mid-urethral sling is designed to provide support under the urethra during physical activity that should prevent urine from leaking or reduce the amount of leakage.

What Happens During the Procedure:

- Small incisions will be made in the vaginal and lower abdominal areas.
- The synthetic mesh is placed to create a "sling" of support under the urethra
- When your doctor is satisfied with the position of the mesh, he will close and bandage the small incisions in the lower abdomen with derma bond or dissolvable stitches.



Normal functioning anatomy

What to Expect After Surgery:

- No sexual intercourse for 6 weeks
- You may have vaginal packing placed. This will be removed in the office 24-48 hours later at the office.
- You will go home with a Foley catheter and it will be removed 2 days post op at the office.
- No strenuous activity for up to 6 weeks (this includes vacuuming).
- No lifting over 20 lbs. At the discretion of your physician, moderate activities are ok after 2-4 weeks.
- Pain medication will be prescribed to relieve discomfort
- You will have a follow up in the office in 4 weeks for a bladder scan and to discuss the possibility of discontinuing your OAB medications.



A weakening of the muscles supporting the urethra causes the urethra to drop during physical activity, resulting in urine leaking.

Possible Post OP complications:

- Most patients will notice results right after the procedure.
- In some patients, the sling procedure may fail and require other procedures later to remove or release the sling.
- Some patients go into urinary retention and may require self catheterization or Foley catheter

CALL YOUR DOCTOR IF YOU EXPERIENCE THE FOLLOWING:

- Painful urination or if you are not able to produce urine
- Significant bleeding
- Pain that is not relieved with medication
- Fever over 100 degrees F, chills, nausea or vomiting

