

Erectile Dysfunction

Erectile Dysfunction (ED) is a problem getting or keeping an erection long enough for sex.

Causes of ED:

- Blood flow restrictions
- Low testosterone
- Medical conditions
- Side effects of medication
- Major illness or major surgery
- Stress, fatigue, anxiety, or depression

Treatment Options:

- Oral Medications: Cialis, Levitra, Viagra
- Vacuum Pump: a tube is placed over the penis and a pump is used to draw blood into the penis, causing an erection
- Penile Self Injections/Intraurethral Suppositories: Medication is injected into the penis, and/or a pellet inserted into the urethra, causing an erection
- Surgical Option: an inflatable pump (prosthesis) is placed inside the penis, allowing the patient to inflate the penis to an erect state and then deflate it to a flaccid state

