

Epididymitis and Orchitis

INFLAMMATION OF THE EPIDIDYMIS AND THE TESTICLE

Causes:

- Bacteria from the urinary tract
- Bladder infection
- Bacteria passed between partners during sex

Symptoms:

- Pain, swelling, or heaviness in the scrotum
- Urge to urinate often
- Discharge from the penis
- Pain during ejaculation
- Fever

Treatment:

- Antibiotics: used to treat the bacteria
- Anti-inflammatories: used to reduce swelling and tenderness
- Rest: lying down with a towel folded under the scrotum can help relieve discomfort
- Scrotum support: relieves discomfort until the swelling goes down
- Ice and heat: ice reduces swelling and heat from a warm bath increases blood flow to the affected area

