

# BPH: Benign Prostatic Hypertrophy

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**Enlargement of the prostate which could cause difficult urination**

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## Symptoms of BPH:

- Urinary frequency
- Urinating multiple times during the night
- Straining to urinate
- Weak stream
- Interrupted stream
- Difficulty emptying the bladder
- Incontinence or dribbling of urine
- Burning sensation during urination

## Diagnosing BPH:

- Digital Rectal Exam (DRE)
- Ultrasound of the Prostate
- Cystoscopy
- Uroflow test

## Treatment for BPH:

- Medications are used to improve lower urinary tract symptoms
- Surgery, if necessary, is used to alleviate obstruction

